

# THE BIG THREE

SEAT BELTS, SPEEDING, CELL PHONES.



**5,369** the number of truck-involved traffic crashes reported to the mn department of public safety in 2019.

**BUCKLE UP**

**FOLLOW SPEED LIMITS**

**PUT DOWN THE PHONE**

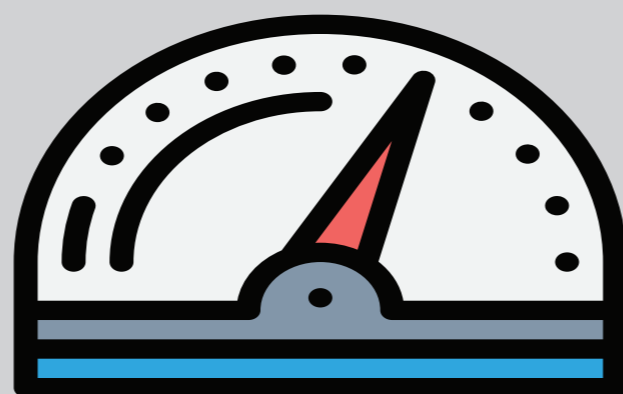
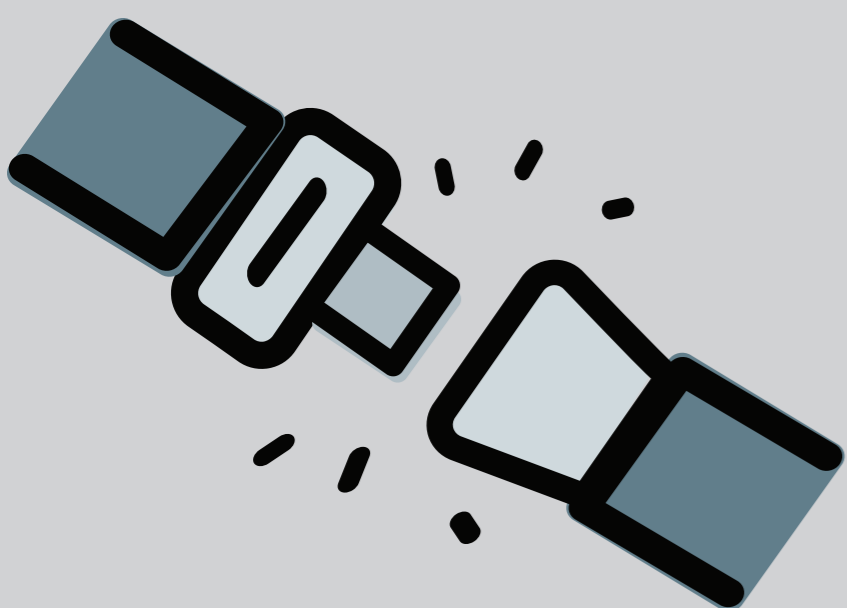
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SIMPLE DECISIONS TRUCK DRIVERS CAN MAKE EVERY DAY TO INCREASE SAFETY & REDUCE ACCIDENTS.

## SEATBELTS

Seat belts dramatically reduce risk of death and serious injury.

Among drivers and front-seat passengers, seat belts reduce the risk of death by **45%** and cut the risk of serious injury by **50%**.



Speed increases perception-reaction distance, braking distance, and stopping distance.

**Remember** to reduce speed in adverse road and weather conditions and always **slow down in work zones.**

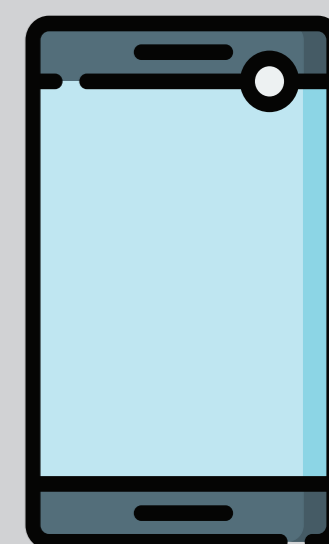
## SPEEDING

## CELL PHONES

**Remember:** Handheld cell phone use while behind the wheel of a commercial vehicle is prohibited.

Texting while driving causes a **400%** increase in time spent with your eyes off the road.

Using a hand-held mobile phone while driving a CMV can result in driver **disqualification.** Penalties can be up to **\$2,750** for drivers.



## TEXTING/PHONE

**462**

An increase of 11% from 2019.

## SEATBELTS

**1,907**

An increase of 30% from 2019.



## SPEEDING

**4,633**

An increase of 30% from 2019.

